



# THE COMPASS



OCTOBER 2010

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## from the grand knight...

Brother Knights:

This month's Business Meeting falls on an important date. Thursday, October 7th is the feast of Our Lady of Victory. Don't recognize the name? Not to worry, that is the old, original, name for the feast. Nowadays it is known as the Memorial of Our Lady of the Holy Rosary. I mention the old name of Our Lady of Victory because it tells us about the history of the feast. On Sunday, October 7, 1571, in the Gulf of Lepanto (now called Naupaktos), Greece, an out-numbered and out-manned Christian fleet defeated the Moslem Ottoman Turkish fleet which then dominated the Mediterranean Sea and was poised to launch an invasion of Italy and all of Western Europe. Various Moslem armies had been campaigning for the previous eight centuries conquering the Middle East, North Africa, all but a corner of Spain, Asia Minor and large parts of southeastern Europe. Now the Ottoman Empire was planning to complete the conquest of Europe. Had not Pope Saint Pius V called together the Holy League wherein Spain, the Papal States, the Republics of Genoa and Venice, the Duchy of Savoy and the Knights of Malta provided the ships, sailors and soldiers, had not Don John of Austria and his associates Marcantonio Colonna, Sebastiano Venier, Giovanni Andria Doria, Agostino Barbarigo and the Marquis of Santa Cruz provided skillful and resolute leadership, had not the sailors and soldiers of the fleet fought courageously, minarets might now top Saint Peter's Basilica as they do the great church of Hagia Sophia in Istanbul (formerly the Christian city of Constantinople) and we might pray facing Mecca. As is was, in that day of sail- and oar-propelled ships, the lucky, or maybe divinely influenced, change in the direction of the wind, seemed to play a key role in the victory. Prayer was widely credited as well with

this rescue of Western Europe from impending conquest: each sailor and soldier in the Christian fleet had been equipped with a rosary in addition to his more conventional armament, Mass was celebrated on each ship of the fleet before weighing anchor on the day of battle and Pope Pius called on all Christians to pray, frequently in processions of the faithful praying the rosary, for deliverance from the aggressor. Our Lady of Guadalupe, who we recently honored with the Silver Rose, was present also in the form of a reproduction of her miraculous image which Giovanni Andria Doria, great nephew of the famous Italian Admiral Andrea Doria, had received from King Philip of Spain and had enshrined in the state room of his ship. Shortly after the battle, Pope Pius V instituted the feast of Our Lady of Victory. Two years later, his successor, Pope Gregory XIII, changed the name of the feast to Our Lady of the Rosary in recognition of the importance of the prayer of the Rosary in the victory.

That is a long prologue for a shorter and more direct point. Pope Pius V and Don John of Austria relied on the Mass and the Rosary in the war with the Ottoman Turks because they were fighting a war that was as much against an opposing system of ideas as against the physical enemy. They knew that unity in faith and the personal holiness of the combatants was half of the battle and that the Mass and the Rosary were ideal means to that end. So, participate in the Mass regularly and with devotion. October is the month of the Rosary. Prayer is powerful. The Rosary is particularly powerful. Pray often. Pray the Rosary often, especially during October. For Life. For Marriage. For the Family. For the Free Exercise of Religion. For the Church and the World.

Vivat Jesus!

*Tom Zavodny*

Tom Zavodny

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DEGREE TEAM	DAVID SOBCZAK	937-1111
TO VOLUNTEER FOR ANY COMMITTEE, CONTACT THE CHAIRMAN. WE HAVE AN ACTIVE SCHEDULE PLANNED FOR THE YEAR, AND ALL ASSISTANCE WILL BE GREATLY APPRECIATED		

### HAPPY OCTOBER BIRTHDAY WISHES TO:

ROBERT BOSI  
JOHN L. CHEEK

DEACON JACK R. CONRAD

FRANK A. GARAVELLI  
EDGAR V. GUMBAN

BOB HUNT

MARK R. MCCURDY  
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## CONGRATULATIONS!

I would like to offer personal congratulations to Fathers Russ and Jacek and to Brother Knights Doug Grokulsky and Robert Hunt on joining the Fourth Degree of the Knights of Columbus.

Saint Ann, our Council and our Squires Circle once again hosted the Silver Rose of Our Lady of Guadalupe on September 18th. The Silver Rose honors Our Lady of Guadalupe and was actually started by the Columbian Squires. We started the event that Saturday with Mass celebrated by Fr. Jacek, our Chaplain and the Squires' Father Prior, followed by the Rosary. The squires and Fourth Degree Sir Knights in regalia provided an honor guard for the Silver Rose.

Congratulations on a job well done!

Be sure to watch out for these  
and other upcoming events:

Business Meeting on October 7th  
19th Annual Special Athletes Fun Day  
October 9th at CBHS  
Breakfast on October 10th  
Squires Meeting on October 14th  
Social Meeting on October 21st  
Business Meeting on November 4th

Watch out for notices about lots of events in the works  
for the upcoming year.

Vivat Jesus!

*Tom Zawodny*  
Tom Zawodny

## deputy grand knight report

Hello Brother Knights,

My last couple of letters to the group may have been a bit long so I will try to keep it short. Sometimes I tend to get long winded.

If you notice there has been a recurring theme in the letters about attending our meetings and events. I would like to borrow something from Father Dwyer who was here this week. "You attend mass for a reason, it is not always for yourself but just by you being there may inspire someone else."

I would like to extend that to all of my brother Knights. Just by you being present may inspire someone else in the group. So I ask all of you come by our meetings and inspire someone. It may even be me who you inspire.

God Bless and see you at the next business meeting.

*Mark Nidzgorski*

Mark Nidzgorski  
Deputy Grand Knight



## the fight for life

Michaelene Fredenburg is the author of “Changed: Making Sense of Your Own or a Loved One’s Abortion Experience,” and founder of AbortionChangesYou.com, an Internet site that seeks to help those who have been affected by abortion to face the tragic truth of their actions.

In this interview with ZENIT, Fredenburg talks about why the affects of abortion are often unexpected, and how she is working to help others begin the process of healing.

**Q:** Many women wrote that even though they were sure the decision to abort was the right one, they immediately regretted it. How should we interpret that immediate regret?

**Fredenburg:** There is often the expectation that life will go back to the way it was before the pregnancy. However, when a man or woman realizes that this isn’t possible, he or she may experience powerful feelings of regret. The reasons for choosing abortion that were compelling before the procedure may appear weak or very different after the procedure.

Of course, not all women will experience immediate regret. In fact, men and women have a variety of reactions after an abortion ranging from relief to paralyzing guilt and grief. Many individuals experience conflicted emotions that are both positive and negative. While I had an immediate reaction after my abortion, there are others that will experience a delay of months, years, or even decades.

I spoke with a man recently who told me he pressured his girlfriend into an abortion 35 years ago. He didn’t think about the abortion at all until 5 years ago. For some reason, he began to think about the fact that he would have an adult child that might possibly be married with children, making him a grandfather. The more he thought about this, the more concerned he grew about his ex-girlfriend. The concern turned into guilt -- something that has become a bigger and bigger burden for him.

**Q:** In the second section of the book you give those affected by abortion the opportunity to tell their story, which you say is an important part of beginning the healing process. Can you take us through that process?

**Fredenburg:** An important part of beginning the healing process is to validate your experience -- to acknowledge that your experience is real and that it’s significant. Documenting the events that led up to and took place during and after the abortion will help you to start making sense of your own abortion or the abortion of someone close to you. I recommend completing this activity privately as this will give you the freedom to express the truth of your experience without worrying about what other people think about you or how your words may impact those involved. However, if you begin to feel overwhelmed, please reach out to a trusted family member, friend, or spiritual leader for support.

There isn’t a right or wrong way to tell your story. The important thing is to start and, over time, finish telling it. If you’ve experienced or been touched by more than one abortion, it’s helpful to explore the story of each one separately.

You may find the process of documenting your experience to be extremely painful, or you may feel relieved as you express thoughts and memories that have been buried deep inside. Although your story will be unique, it is important to remember that you are not alone. I have included questions in “Changed” that can help you to tell your story.

## vespers & divine mercy

Brothers,

What better way to end a long work day? Come join St. Ann parishioners in the Chapel for 20 minutes every Tuesday, Wednesday and Thursday at 5:45 pm for evening prayer followed by a divine mercy chaplet with Adoration continuing till 10:30 p.m.

## catholic family focus

Brothers,

What better way to bring Jesus into our family life than by gathering with other Catholic Families for an evening of prayer and fellowship followed by a great meal! There are several CFF groups at St. Ann, please contact Bryan Watson for more information

## the boat is full! night fishers are here!

Brothers,

Can’t make the 6:00 am Fishers of Men meetings? Now you can join the men of St. Ann in the Chapel every Tuesday evening at 5:40 p.m. for evening prayer, divine mercy, study and fellowship. We dismiss promptly at 7:00 p.m.! Bring a friend! Both groups will be reading Scott Hahn’s “The Lamb’s Supper” starting October 12. It is never too late to join!

**REMEMBER... Life is hard, pray harder!**



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## 40 days FOR LIFE

Sunday 10/10 is the '40 Days for Life' day that St Ann is sponsoring. We are to pray in front of Planned Unparenthood (2430 Poplar) from 6am til 7pm. It is a family event, pick an hour or two and bring the family and the rosaries.

## FAMILY ROSARY

The following week, is our 'Public Sqare Rosary' on Saturday 10/16 from 11am til 12:30. Again, this is a family event. We will process a statue of Our Lady of Fatima up Stage and around the church, while singing Marian Hymns. This will be followed by the Rosary. Bring the family, chairs, rosaries, umbrellas, etc.

## WASHINGTON D.C.

The 'March for Life' in Washington will be on Monday the 24th of January 2011. We will leave on Sat the 22nd and return the evening of the 25th. Mass in the Cathedral of the Immaculate Conception.

Anyone interested contact John Vetter at 283-2760 or johnv@deltadatainc.com. I have to have numbers now so I can make arrangements.

Yours in Christ,

*John Vetter*

John Vetter

***"Trust in the LORD with all your heart and lean not on your own understanding."***

~ Proverbs 3:5

## SQUIRES' CORNER



### Silver Rose A Success!

The presentation in the chapel at the 8 a.m. Mass was one stop on the long journey in the annual Knights of Columbus/Columbian Squires event known as The Running of the Silver Rose. The rose is also a symbol of the Order's commitment to the pro-life cause, and Our Lady of Guadalupe is claimed as the patroness of the pro-life movement. The rose's final destination is the Basilica of Our Lady of Guadalupe in Mexico City for the feast of Our Lady of Guadalupe.



In the opening procession of the Mass, John Williams, Chief Squire of Circle #5086, spoke about the history to the rose. Then, the rose was presented by members of the Deacon Lee R. Hurst assembly 4th degree Knights and the Columbian Squires, the youth group of the Knights of Columbus. Carrying the rose was Deputy Chief Squire, Alex Gaffney. He was accompanied by fellow Squires Adam Jones, Kyle McCaffery, Zach Tabor, Grayson Taylor, and Peter Zaleski. Squires Gary Tircuit, II and Michael Padilla served as altar servers. Fr. Jacek Kowal, the Circle's Father Prior, presided over the mass. He was assisted by Deacon Chip Jones. After the Mass, Deacon Chip led us by saying the rosary.

Later that morning, Circle 5086 hosted an investiture in which we invested 2 new squires, Alex Peyton and Anthony Padilla.